Phone 9621245989, 8318238526

E-mail: minhajsmn@gmail.com, drminhaj21@gmail.com

MINHAJ AKHTAR USMANI

Methods) [70%]

DESIGNATION	Assistant Professor, Dept. of Food & Nutrition, Era University.				
DATE OF BIRTH	21/08/1981				
FATHER'S NAME	Mr. Salim Ahmed Usmani				
MOTHER'S NAME	Mrs. Naseem Usmani	A PAROLE			
ACADEMIC QUALIFICATION	High School [H.A.L. School] [78.2%] [C.B.S.E. Board]				
	Intermediate [H.A.L. School] [72.8%] [C.B.S.E. Board]				
	B.Sc. (H.Sc.) [I.T. College] [67.83%]				
	M.Sc. (Nutrition) [I.T. College] [71.6%]				
	UGC-NET-LS (2005) (2007) (2008)				
	UGC-NET-JRF (DEC 2010)				
	PhD (Food Nutrition & Dietetics) [C.G.P.A8.97] SHUAT	ΓS, Allahabad.			
EXTRA QUALIFICATION	C.N.C.C. Certificate Course.[IGNOU] [78.50%]				
	• C.F.N. Certificate Course [IGNOU][79.33%]				
	O-level from DOEACC, Lucknow.				
	SWAYAM-NPTEL Online Certification Course (Sof	t Skills) [72%]			

SWAYAM- NPTEL Online Certification Course (Development Research

Udemy Online Certification Course (Stress Management & Mental Health)

PROFESSIONAL QUALIFICATION	U.G.C. –NET JRF & PhD.
RESEARCH WORK	M.Sc. Dissertation: Development and preservation of wheat grass blended juice and assessment of its acceptability amongst college going female population of lucknow city. PhD Thesis: Isolation, screening and nutritional profiling of selected microalgal strains.
EXTRA- CURRICULAR ACTIVITIES	 Participated in various competitions in National Nutrition Week held in I.T.College. Certificate Course in Fruit and Vegetable Preservation. Certificate Course in Bakery.
AWARD RECEIVED	 First Prize in NIIT Quality Education Competition. Received best paper award in the National Seminar organized by Society for Community Mobilization for Sustainable Development in collaboration with NDRI and BBNL held at NDRI, Karnal, India.
	 Won 3rd Prize in National Symposium on Women Health and Nutritional Security: Issues and Challenges, Presented poster entitled "Prevalence of Dementia and the associated factors among geriatric muslim women in Lucknow city." Received 3rd Prize in Hindi Gyan Competition held at CSIR-NBRI. Received Young Scientist Award -2021, for outstanding contribution and recognition in the field of Food & Nutrition, on the occasion of 5th International
PROFESSIONAL EXPERIENCES	 Conference (SABCD-2022). Worked as a Lecturer in Dept. of Nutrition, I.T.College for 5 ½ yrs. (July 2006-Nov 2011) Worked as a Lecturer for subject "Nutrition for Women" in Dept. of Women Studies, I.T. College for two Years. (March 2009 to Nov. 2011) Worked as a Counselor for IGNOU Course [M.Sc. DFSM] approx. 8 years. Worked as a faculty member of service learning extension unit of I.T. 5 ½ years College, N.I.C.H.E. Worked as Examiner, Evaluator and paper setter in Lucknow University. Worked as Paper setter in Jaipur National University, Jaipur.

- Worked as Evaluator and Guide/Supervisor in IGNOU Lucknow Centre since 2007 via IGNOU code: IG-10003.
- Worked as a Research Scholar for 5 years (UGC-JRF and SRF) at Algology Division CSIR-NBRI.(DEC 2011- DEC 2016)
- Worked as an Assistant Professor in Dept. of Nutrition, I.T. College for 2 ½ yrs.
 (AUG 2017-NOV 2019)
- Worked as an Assistant Professor in Dept. of Women Studies, I.T. College for 2 ½ yrs. (AUG 2017-NOV 2019)
- Working as an Assistant Professor in Dept. of Food and Nutrition, Era University since DEC 2019 till date (Approx. 2 Years)
- Working as an Evaluator, Examiner & Paper Setter in Era University.
- Experience of translation work (Hindi to English and vice versa) in algae related research papers.

PROFESSIONAL MEMBERSHIPS

- Life Membership of I.D.A, Membership No. –LKO/UP/124.
- Life Membership of Indian Science Congress Association, Membership No. –L16128
- Life Membership of Indian Lichenology Society-159
- Life Membership of Nutrition Society of India- (.....)
- Life Member of Agricultural Technology Development Society (ATDS), Certificate No. ATDS 2733.

COMMUNITY ACTIVITIES

- Participated in BAIDIK Project-1996-97.
- Participated in Health Awareness Workshop held in Bal Vidyaya Mandir Senior Secondary School during 20/08/05 to 26/08/05.
- Organized School Activity for M.Sc. Nutrition students at Pioneer Montessori School Barabanki from 13 Nov. to 16 Nov' 06.
- Organized School Activity for M.Sc. Nutrition students at Spring Dale College, Indira Nagar, Lucknow from 24 Oct to 31 Oct'07.
- Worked as a Resource person for Community, Food and Nutrition Extension Unit, Department of Women and Child Development, Government of India, Lucknow.
- Worked as a resource person/ expert in Phone—in-programme for Radio Interactive Counseling Show of Gyanvani and IGNOU.

RESEARCH EXPERIENCES

- Worked as a Guide/ Supervisor of Dissertations of M.Sc. Nutrition students of I.T. College. (8 years)
- Worked as a Guide/Supervisor of Dissertations of M.Sc.[DFSM] students of IGNOU. (10 Years).

- Worked as a Research Scholar for 2 years (Junior Research Fellow under UGC-NET fellowship) at Algology Laboratory, CSIR- NBRI, Lucknow.
- Worked as a Research Fellow for 3 years (Senior Research Fellow under UGC-NET fellowship) at Algology Laboratory, CSIR- NBRI, Lucknow.
- Working as a Guide/ Supervisor of Dissertations of M.Sc. Food & Nutrition students of Era University. (3 years)
- Working as a Guide/ Co-Supervisor of PhD, Food & Nutrition students of Era University. (2 years)

Name of the seminar/ conference/	Name of sponsoring agency	Place and date
symposia/workshop etc.		
SEMINAR:		
Regional Level Seminar on "NAAC	Internal Quality	Isabella Thoburn College,
Accreditation and Assessment: A Quality	Assurance(IQAC), NAAC	November 4-5, 2008.
Enhancement Mechanism in Uttar	Sponsored	
Pradesh".		
National Seminar on "Nutritional Strategies	Organised by Department of	G.B.Pant University of
for Improving Quality of Life".	Foods & Nutrition, College	Agriculture & Technology,
	of Home Sciuence,	Pantnagar, Uttarakhand.
	Pantnagar, Uttarakhand.	September 11-12, 2009.
Seminar on "Carcinogens: Face To Face"	Organised by Department of	Isabella Thoburn College,
	Chemistry, I.T.College.	December 2, 2009.
CONFERENCES:		
11 th ISPENCON-2005 Conference of	Organised by ISPEN &	White Hall, C.S.M. Medical
ISPEN.	KGMU, Lucknow.	University, Lucknow.
		August 22, 2003.
Mid Term Conference of The Indian	Organised by S.G.P.G.I.M.S.,	Convention Centre, Lucknow.
Society of Gastroenterology on "Theme:	LUCKNOW.	November 5-7, 2005.
Dilemmas in Clinical Practice and		
Preventive Gastroenterology: Stepping		
outside the Clinics".		
Conference on HEALTH PROMOTION	Organised by S.G.P.G.I.M.S.,	SGPGIMS, Lucknow.

under the aegis of Indian Society of	LUCKNOW.	September 1-2, 2007.
Gastroenterology-Mid Term .		
Two-Day National Conference on "Reorienting Educational Transformative Strategies for Empowerment of Civil Society with Special reference to Gender".	Sponsored by United Board for Christian Higher Education in Asia. Organised by Isabella Thoburn College.	Isabella Thoburn College, Lucknow. November 10-11, 2008.
42th Annual National Conference of Indian Dietetic Association.	Organised by CSM Medical University, UP.	CSM Medical University, Lucknow. December 12-13, 2009.
97 th Indian Science Congress	The Indian Science Congress Association, Kolkata	Kerala University, Thiruananthapuram, 3-7 Jan, 2010.
Multi-Disciplinary National Seminar on	Organised by Rama Degree	Rama Degree College, Gaurav
"Quality in Higher Education- Hindrances	College, Gaurav Vihar,	Vihar, Chinhut, Lucknow.
& Measures to Overcome".	Chinhut, Lucknow.	December 19, 2010.
National Conference on the Indoor Air Quality-A New Challenge to India.	Sponsored by IQA 2011.Organised by Isabella Thoburn College, Lucknow.	Isabella Thoburn College, Lucknow. February 23 rd - 24 th , 2011.
WORKSHOPS:Workshop on "Practical Living & Reproductive Health"	Sponsored by HOPE Initiative.	Isabella Thoburn College, Lucknow. November 14-20, 2006.
Orientation Programme for the In- Service Teachers.	Organised by B.Ed. Department of Isabella Thoburn College.	Teacher's Kothi, Isabella Thoburn College, Lucknow. September 15, 2007.
Workshop on Life Skills by Service Learning & Social Action.	Organised by AACCET, Isabella Thoburn College.Lucknow.	Isabella Thoburn College. Lucknow. September 29, 2007.

Workshop on Management of Anaemia.	Organised by NIPCCD, Regional Centre, Lucknow.	NIPCCD, Regional Centre, Lucknow. January 28-30, 2009.
• Ist Annual Clinical Nutrition Symposium of the Indian Society for Parenteral & Enteral	Organised by ISPEN	White Hall, CSM Medical University, Luck now on 22 nd Aug 2003
Nutrition(ISPEN)Symposia on "Role of Plants in Environment Protection"	Department of Botany, I.T. College	Isabella Thoburn College, Luck now on 12 March, 2011.

Papers presented at International Conferences:

- 1. Participated in International Conference on "Women in Higher Education: Response to the Challenges of change and innovation in a global environment" on Nov 3rd & 4rth, 2011 at Isabella Thoburn College, Luck now.
- 2. Minhaj Akhtar Usmani, M.R. Suseela and Kiran Toppo (Feb. 24-27. 2015). Algal diversity in different habitats from munnar, idukki district, Kerala, India. Papers presented at International conference on "Fifth International Conference on Plants and Environmental Pollution" (ICPEP-5) at National Botanical Research Institute, Lucknow, India, during February 24-27, 2015.pg.No.245.
- 3. Participated and presented paper on "Role of microalgal metabolites in novel functional food products" and "Standardization and Sensory Evaluation of fermented Food prepared from Multigrain Flour Mixture" in International conference on Recent Advances in Food Processing and Biotechnology on 5-6 April 2016 organized by Centre of Food Science and Technology, Institute of Agricultural Sciences, BHU, Varanasi.
- 4. Participated and presented Poster in International Congress on Post-Harvest Technologies of Agricultural Produce for sustainable Food and Nutritional Security held on 10th -12th Nov 2016 at Integral University.
- 5. Participated in International Conference on "Personalised Medicine: Concept & Role Players," jointly organized by Dept. of Personalised & Molecular Medicine and Era College of Pharmacy, Era University, Lucknow, on 19th & 20th February 2020.
- 6. Participated and published Abstract entitled 'Impact of Covid-19 outbreaks & lockdown on Gestational Health: A Review" in 2nd International Conference of Indian Society of Personalized Medicines (ISPMCON 2021).24-25 March 2021 at Era University, PP -34, pg no. 71.

- 7. Participated and published Abstract entitled "Antiviral and protein inhibitory potential of *Asparagus racemosus* against Covid 19" in 2nd International Conference of Indian Society of Personalized Medicines (ISPMCON 2021).24-25 March 2021 at Era University, PP-32, pg no.-69.[Aparna Srivastava, Arvind K. Srivasatava]
- 8. Participated and published Abstract entitled "The potential role of *Moringa Olifera olifera* in boosting immunity against Covid 19" in 2nd International Conference of Indian Society of Personalized Medicines (ISPMCON 2021).24-25 March 2021 at Era University, PP-12, pg no.-52-53.[Shifat Fatima Rizvi, Arvind K. Srivasatava].
- 9. Participated and published Abstract entitled "A study on awareness regarding eating habits and lifestyle changes among adults due to lockdown (Covid 19)" in 2nd International Conference of Indian Society of Personalized Medicines (ISPMCON 2021) 24-25 March 2021 at Era University, PP-7, pg no.-48.[Aishwarya Shukla]
- 10. Participated and published Abstract entitled "Availability of Nutraceutical for Management of Diabetes Mellitus" in 2nd International Conference of Indian Society of Personalized Medicines (ISPMCON 2021).24-25 March 2021 at Era University, OP-18, pg no.-37-38.[Fauzia Bano, Arvind K. Srivasatava]
- 11. Presented Poster entitled "Medicinal relevance of Dalchini (Cinnamon zeylancium) and its use in Food Preparation" in International Conference on "Saffron and Seed Spices- Innovative Technologies for Sustainable Development" on 7-8 November, 2021 at Sher-e-Kashmir University of Agricultural Sciences and Technology of Kashmir, Shalimar, Srinagar (J&K) India. [K.Parvin, R. Jaiswar]
- 12. Presented Poster entitled "Health benefits of Garlic (Allium sativum): New Usages" in International Conference on "Saffron and Seed Spices- Innovative Technologies for Sustainable Development" on 7-8 November, 2021 at Sher-e-Kashmir University of Agricultural Sciences and Technology of Kashmir, Shalimar, Srinagar (J&K) India.[K.Parvin, R.Prakash]
- 13. Participated and presented paper entitled "Emerging trends in food safety issues and challenges in post pandemic India" in 5th International Conference Themed: Advances in Smart Agriculture and Biodiversity Conservation for sustainable Development (SABCD- 2022) at Jaipur National University, Jaipur (March 4-6, 2022).

National Conferences (Poster/ Abstract Published):

1. Gupt K., Usmani M.A., Kumari Neelam, Verma R.K., Srivastava V.K. [2007] "To identify the variations in dietary habits special reference on purine rich food intake of Gout patients as compared to individuals without Gout" In proceedings of XI ANNUAL NATIONAL CONVENTION OF INDIAN DIETETIC

- ASSOCIATION on Theme; Dietetics- Its Role in Changing Lifestyles and Diseases from December 8-9, 2007, Abs No.FC-07, pp.88.
- 2. Dwivedi V., Verma R. K., Usmani M. A., Singh N. and Agrawal C. G.[2008] A nutritional assessment of patients with diabetic hypertension among geriatrics. In proceedings of XXXXI Annual National Conference of INDIAN DIETETIC ASSOCIATION on Theme; "Evidence based dietetics for a healthy nation" from December 5-6, 2008, Abs NoPS-94,pp.84.
- 3. Usmani M.A.,N. Kumari and A. Bhatnagar,[2009] Determination of effect of brewing time on caffeine production in Black Tea In Proceedings of National Seminar on Nutritional Strategies For Improving Quality Of Life held at Deptt. of Foods and Nutrition, College of Home Science, G.B.Pant University of Agriculture and Technology, Pantnagar, from Sept. 11-12, 2009, Abs No.FQS-62P,pp.137.
- 4. Usmani M. A.,R. Mishra and B. Pandey,[2009] Development and preservation of Wheat Grass Blended Juice and its sensory evaluation. In Proceedings of 42th Annual National Conference Indian Dietetic Association on "Dietetics in India: The Challenges Ahead" held at CSM Medical University, UP, from December 12-13,2009,Abs NoPS-8,pp.82.
- 5. Singh R., Usmani, M.A., [2010] "Quality analysis and sensory evaluation of the developed flavoured goat milk", In proceedings of National Conference of Deptt. Of Zoology, Arya Mahila PG College, Shahjahanpur-242001,U.P. on 'Strategies For Management Of Animal Resources And Their Role Rural Upliftment', (SMASRUP) from February 17-18, 2010 at Arya P.G. College, Shahjahanpur, Abs No.OS-2,pp.11-12.
- 6. Tabinda Abrar, Usmani, M.A., [2010] "Quality evaluation and estimation of protein in eggs kept at different storage conditions", In proceedings of National Conference of Deptt. Of Zoology, Arya Mahila PG College, Shahjahanpur-242001,U.P. on 'Strategies For Management Of Animal Resources And Their Role Rural Upliftment'(SMASRUP) from February 17-18, 2010 at Arya P.G. College, Shahjahanpur, Abs No.OS-18,pp.21.
- 7. Presented Paper entitled "Development & Sensory Evaluation of Soy Noodles fortified with vegetables" and received best paper award in the 5th National Seminar on Multi-Sectorial Innovations for Rural Prosperity organized by Society for Community Mobilization for Sustainable Development in collaboration with NDRI and BBNL held on May 19-21, 2011 at NDRI, Karnal, India.
- 8. Presented Abstract entitled "Risk for Hypertension(Metabolic Disorder) due to regular & high intake of Fast and Junk food with sedentary lifestyle among urban women- an assessment" in National Annual Seminar & CME on "Role of Dietetics in Health Engineering" organized by Indian Railway Dietician

- Association, Central Hospital, West Central Railway Jabalpur on 23rd & 24th Sept. 2011.
- 9. Attended 3rd Annual National Conference Cum CME of Indian Railways Dietician Association IRDACON-2012 on 28th and 29th Sept. 2012 organised by Endocrinology-Goitre Division, Department of Medicine KGMU, Lucknow, U.P. and published abstract "Effect of mass media exposure and dietary intervention on the health status and quality of life in T.B. patients."
- 10. Attended National Seminar on "Emerging Trends in Food Safety and Food Standards in India" organized by Department of Foods & Nutrition, Ethelind School of Home Science, SHIATS, Allahabad (U.P.) on 28th Feb. & 1st March, 2013.
- 11. M.A. Usmani, M.R. Suseela, Kiran Toppo and S. Sheikh. (2013) "Nutrient profiling of the green algae *Golenkinia radiata* Chodat." pg. 50.This paper was presented at National Conference on "Frontiers in Algology and Algal Biotechnology" (NCFAAB), 15th to 17th November 2013, organised by Visva-Bharati (A central University) (Founded by Gurudev Ravindranath Tagore)Santiniketan-731235, West Bengal, www.visva-bharati.ac.in
- 12. MA Usmani, SRF, attended the "42nd Annual National Conference Indian Association of Preventive and Social Medicine 2015", at Scientific convention Centre, KGMU, Lucknow, during February 26-28, 2015, organized by Hind Institute of Medical Sciences and KGMU Lucknow and presented a poster entitled 'Impact of dietary modification approach on body mass index of obese pre-diabetic and diabetic patients' (S Sheikh, V Paul, A Sharma, P Siraj, S Singh and S Srivastava)
- 13. Published abstract entitled 'Effect of different types of drying process on nutritional value of onion stalk' in "19 World Congress on Clinical Nutrition-2015" at Bananras Hindu University, Varanasi, during March 13-15, 2015, organized by Institute of Medical Sciences, Banaras Hindu University, Varanasi-22105 in collaboration with International College of Nutrition.
- 14. MA Usmani, SRF, attended the "National Conference on Nutritional and Health: Issues and challenges in the Global Perspective" 2015, at Isabella Thoburn College, Lucknow, during March 27 28, 2015, organised by Department of Nutrition/ Home Science, I T College, Lucknow and presented a paper entitled "Nutritional and health importance of indigenous wild edible herbs used in rural areas of India" (S Sheikh, MR Suseela and K Toppo) pg 39-40. (Oral Paper Presentation).
- 15. MA Usmani, SRF, attended the "National Conference on Nutritional and Health: Issues and challenges in the Global Perspective" 2015, at Isabella Thoburn College, Lucknow, during March 27 -28, 2015, organised by Department of Nutrition/ Home Science, I T College, Lucknow and presented a paper entitled "Knowledge, attitude and feeding practices of under-five children in Kaushambi Block of Allahabad District". (S Singh, MZ Shamim, S Srivastava, and P Siraj).

- 16. MA Usmani, SRF, attended the "National Conference on Nutritional and Health: Issues and challenges in the Global Perspective" 2015, at Isabella Thoburn College, Lucknow, during March 27 28, 2015, organised by Department of Nutrition/ Home Science, I T College, Lucknow and presented a paper entitled 'Incidence of Hypertension among Pregnant Ladies Aged 17-35 Years Belonging To Pratapgarh District'. (S Srivastava, S Singh, MZ Shamim, P Siraj and).
- 17. National seminar on "Nutraceuticals and Indian Cuisines" organized by the Society of Biochemists & Bioprocess Technologists on 24th April, 2015 at the Department of Biochemistry & Biochemical Engineering, SHIATS, Allahabad.
- 18. Minhaj Akhtar Usmani, Kiran Toppo, Sanjeeva Nayaka, M.R.Suseela and Sarita Sheikh, "Role of algae in sustainable Food, Health and Nutritional Security: An Overview", Paper presented at National Conference on Biodiversity for Sustainable Development on International Day for Biological Diversity 22nd May, 2015 organised by UP State Biodiversity Board, pg 83-87.
- 19. Minhaj Akhtar Usmani, Sarita Sheikh, M.R.Suseela, Virginia Paul and Kiran Toppo, "Integrating biodiversity into food and nutrition security for sustainable diets", Poster presented at 3rd Uttar Pradesh Agricultural Science Congress on Strategic Governance & Technological Advancement for Sustainable Agriculture on June 14th-16th, 2015, Allahabad organized by SHIATS, Allahabad, UPCAR and UPAAS, pg 444.
- 20. National conference on 'Cryptogam Research in India: Progress and Prospects' on 28-29 September 2015 organised by Indian Lichenological Society and CSIR-National Botanical Research Institute, Lucknow. Presented poster entitled "Observation on fresh water algal flora of Sitapur district Uttar Pradesh, India, (Suseela MR, Toppo K and Sheikh S).
- 21. National conference on Cryptogam Research in India: Progress and Prospects, 28-29 September 2015 organised by Indian Lichenological Society and CSIR-National Botanical Research Institute, Lucknow. Abstract entitled "Enumeration of fresh water algal diversity of Lucknow city Uttar Pradesh." (Toppo K, Suseela MR).
- 22. National Symposium on Women Health and Nutritional Security: Issues and Challenges on 26th November, 2015 organized by Ethelind School of Home Science, Sam Higginbottom Institute of Agriculture, Technology and Sciences Allahabad, 211007. Presented poster entitled "Prevalence of Dementia and the associated factors among geriatric muslim women in Lucknow city." (Ahmad J) (Won 3rd Price).
- 23. Participated and presented poster in the National Conference on Food Safety and Consumer Awareness on 21-22 Feb 2016, organized by Innovation centre on Food Processing and Food Technology, University of Lucknow, Lucknow.
- 24. Participated and presented paper entitled "Cyanobacterial Biofertilizers- A potential source for enhancing soil fertility & crop productivity" in 4rth Uttar

- Pradesh Agricultural Science Congress on 2-4 March 2016, held at C.S.A. University of Agriculture & Technology, Kanpur.
- 25. Participated and presented paper entitled "Influence of cooking conditions and refrigeration on stability of lycopene content in Tomatoes." In National Seminar on Eco friendly Nutritional Approach for Public Health: Issues and Challenges on 11th March 2016 organised by UP Rajarshi Tandon Open University, Allahabad.
- 26. Participated & published abstract entitled "Advancing algal biotechnology in the field of food, nutrition & health- A Review" in FNCON 2016 from 6-7 October 2016 on Nutrition.
- 27. National Seminar on Public Health in India with special reference to Women, Children & Adolescent from 21st to 22nd January 2017 organised by Mahamaya Rajkiya Mahavindyalaya Dhanupur, Handia, Allahabad (U.P.). Abstract entitled "Consumption pattern and dietary intake of adolescent girls of eastern U.P." (Shikha Singh).
- 28. National seminar on "Youth Empowerment: Issues, Challenges & Concerns" from February 22-23, 2017 organized by Department of Journalism & Mass Communication, Department of Home Science & Department of Physical Education, Khwaja Moinuddin Chishti Urdu, Arabi- Farsi University (U.P State Government University) Sitapur- Hardoi Bypass Road, Lucknow-226013. Abstract entitled "Food Habits and Dietary pattern of adolescents & adult girls in urban area of Allahabad."
- 29. 4rth Lucknow Science Congress LUSCON-2017 on "Science Technology & Innovations for Sustainable Development" from 3rd & 4^{rth} March 2017 organised by Babasaheb Bhimrao Ambedkar University, Vidya Vihar, Raebareli Road, Lucknow-226025. Abstracts entitled "Application of microalgal biomass in neutraceuticals and pharmaceutical products- A Review" (M.R. Suseela, Sarita Sheikh, Kiran Toppo, Sanjeeva Nayaka, Shikha Singh and Kanak Lata Rai) and "Phytoestrogen: a therapeutic tool for menopausal women" (Shikha Singh, Anisha Verma and Neeru Bala) and "Trends of Fast Foods Consumption and their Health Effects" (Kanak Lata Rai, Shikha Singh and Anisha Verma).
- 30. Presented poster on "Gender Diversity on Boards in Indian Companies Leading to Good Governance" in National Conference entitled "Women on boards towards exemplary Governance" on 6th October 2017 at I.T. College.
- 31. Presented poster on "Lichens as Ethnic Medicine and Elusive species in Indian Curries" in National Conference entitled "Current Developments and Next Generation Lichenology" from 27th-28th January 2018 at C.S.I.R.- NBRI, Lko.
- 32. Published Abstract on "Impact of Meditation and Yoga on Adolescent Health" in National Seminar entitled "Empowering the Current Age Adolescents with Special Reference to Health & yoga" from 2nd & 3rd February 2018 at H.N.B. Govt. Post Graduate College, Allahabad.
- 33. Attended a National Seminar on "Affordable Health Care" on 24^{rth} March 2018 at K.G.M.U., Lucknow.
- 34. Presented poster on "Food Wastage as a source of Pollution" in a National Conference on Environmental Pollution: Burden and Strategies for Control from 27th-28th March 2018 at I.T. College, Lko.
- 35. Participated and presented paper entitled "Role of Food wastage in raising environmental pollution" in National Seminar on Sustainability of Agriculture in

- changing climate scenario" held on 21st-22nd April, 2018 organised by Department of Botany, University of Alalhabad.
- 36. Participated and Presented Paper "Legalized recognition of transgender's equality rights: an attempt to fill the voids of unfinished agenda-gender"; APAMEI Conference 2018 Transcending Boundaries for Peace: Making Peace Peacefully", IT College, Lko. (1-4^{rth} November2018).
- 37. Organised and Participated: Two Day Regional Workshop"Health and Wellness-Essence of a Good Life", IT College, Lko (18th-19th January 2019).
- 38. Participated: Workshop "Currency Management", I.T. College, Lko. (25thJanuary 2019).
- 39. Participated and presented paper "Diet & exercise playing as key pointers for nutritional Management in Polycystic Ovarian Syndrome (PCOS) in National Seminar on "Minimising Disease Burden of Women through Awareness Programmes", FTIPS, University of Allahabad, Allahabad. (16th February 2019).
- 40. Participated in one day National Workshop on Anti-Plagiarism in Research on 3rd August 2019 organized by Faculty of Education, Integral University in collaboration with HRDC & IPRMC, I.U.
- 41. Attended the Workshop on "Concept, Principles and Identification of Slow and Advanced learners" held on 25th Sept.2019 organized by Dept. of Geography, I.T. College, Lucknow.
- 42. Participated in National Conference on Leadership and Entrepreneurship Development on 15th-16th Nov. 2019 organized by Dept of Commerce & Business Management and Centre for Incubation, leadership, and entrepreneurship development, Integral University, Lucknow.
- 43. Participated in 7 Days National Webinar Series from 1-7 September 2021 on the occasion of National Nutrition Week organized by Darshika Shree Institute of Naturopathy & Yoga, Lucknow.
- 44. Participated and presented paper entitled "Nutritional profiling and antioxidant activity of selected cultured microalgal strains" in 54th Annual Conference of Nutrition Society of India Themed: Sustainable Healthy Diets-Health for All on 22-23 December, 2022 organized by ICMR-NIN, Hyderabad, India. [Suseela, M.R., Toppo, K., Sheikh, S.]
- 45. Participated and presented paper entitled "Citrullus lanatus" (Watermelon) seed as a functional ingredient for the development of low-cost protein food" in 54th Annual Conference of Nutrition Society of India Themed: Sustainable Healthy Diets-Health for All on 22-23 December, 2022 organized by ICMR-NIN, Hyderabad, India.[Parvin, K]
- 46. Participated and presented paper entitled "Nutritional Potential of Indigenous underutilized green leafy vegetables of different states in India" in 54th Annual Conference of Nutrition Society of India Themed: Sustainable Healthy Diets-Health for All on 22-23 December, 2022 organized by ICMR-NIN, Hyderabad, India. [Rizvi, T.F.]
- 47. Participated and presented paper entitled "Fruit Peels: A package of antioxidants and dietary fiber" in 54th Annual Conference of Nutrition Society of India

- Themed: Sustainable Healthy Diets-Health for All on 22-23 December, 2022 organized by ICMR-NIN, Hyderabad, India. [Khan, S., Singh, S., Parvin, K.]
- 48. Participated and presented paper entitled "Zinc and iron content in bio-fortified varieties of an underutilized cereal pearl millet (*Pennisetum glaucum*)" in 54th Annual Conference of Nutrition Society of India Themed: Sustainable Healthy Diets-Health for All on 22-23 December, 2022 organized by ICMR-NIN, Hyderabad, India.[Singh, K., Srivastava, A.K.]
- 49. Participated and presented paper entitled "Development of Iron rich value-added Indian snack by incorporating underutilized leaves" in 54th Annual Conference of Nutrition Society of India Themed: Sustainable Healthy Diets-Health for All on 22-23 December, 2022 organized by ICMR-NIN, Hyderabad, India.[Singh, S., Srivastava, S., Kumari, S.]
- 50. Participated and presented paper entitled "Development of Value Added Product of Solanum Nigrum (Makoi) fruit powder rich in anti-cancerous properties" in 54th Annual Conference of Nutrition Society of India Themed: Sustainable Healthy Diets-Health for All on 22-23 December, 2022 organized by ICMR-NIN, Hyderabad, India.[Khan, F.F., Parvin, K., Srivastava, S.]

Guest Speaker/ Resource Person/Workshop/Training and other technical support services imparted:

- 1. Practical Demonstration on "Collection and isolation methods of fresh water microalgae" in the Training Workshop organized by Department of Biosciences, Sam Higginbottom Institute of Agriculture Technology and Sciences, Deemed University, Allahabad, U.P. on 14th Sept. 2012 entitled "Algal Biofuels: Extractions and Utilization".
- 2. Contribution in the preparation of the study material on topic "Collection and isolation methods of fresh water microalgae" of Workshop entitled "Algal Biofuels: Extractions and Utilization" organized at Department of Biosciences, SHIATS, Allahabad.
- 3. Practical Demonstration on "Collection, identification, isolation, culturing and maintenance of cyanobacteria" in the Training Workshop organized by Department of Microbiology and Fermentation Technology, Sam Higginbottom Institute of Agriculture Technology and Sciences, Deemed University, Allahabad, U.P. entitled "Collection, identification and isolation of Cyanobacteria" on 10th October 2012.
- 4. Contribution in the preparation of the study material on topic "Culturing techniques of Cyanobacteria" of Workshop entitled Collection, identification and isolation of Cyanobacteria organized by Department of Microbiology and Fermentation Technology, SHIATS, Allahabad.

51.

- 5. Workshop on "Classical and Modern Methods in Plant Systematics" during March 4-10, 2013 at NBRI, Lucknow. Dr. M.R. Suseela, Kiran Toppo, Ms. Minhaj Akhtar Usmani, and Mr. Akash Patel, imparted training to Forty participants from different universities/institutes on "Fresh water algae Methods of algal samples collection, preservation, microphotography and identification of the algae".
- 6. Contribution in the preparation of the study material of Algology Division for the manual of the training course Biodiversity Training Workshop on "Classical and Modern Methods in Plant Systematics." from 4th March 2013 to 10th March 2013 on following topics-
- Kiran Toppo, Minhaj Akhtar Usmani and M.R.Suseela (2013). Diversity and Systematics of algae.
- Kiran Toppo, Minhaj Akhtar Usmani and M.R.Suseela (2013). Methods and approaches used in collection, identification and preservation of algal resources.
- 7. Dr. Sanjeeva Nayaka, Dr. Kiran Toppo, Mr. Sachin Mandotra, Mr. Akash Patel and Ms. Minhaj Akhtar Usmani imparted training to forty one participants from different universities/institutes on "Fresh water algae Methods of algal samples collection, preservation, microphotography and identification of the algae" in a Training Workshop on "Classical and Modern Methods in Plant Systematics" during October 29- November 4, 2015 at NBRI, Lucknow.
- 8. Provided services as reception and registration committee member in "National conference on Cryptogam Research in India: Progress and Prospects", held at National Botanical Research Institute, Lucknow, India, during September 28-29, 2015.
- 9. Organised MAGGI Creative Kitchen Contest in collaboration with Nestle Team leader on 18 Sept. 2018 at I.T. College.
- 10. Delivered Lecture as a resource person on "Hygiene and Sanitation (Nutrition and Infection) and Quality Control of Food Handling" in training programme of FNB at SEWA Hospital, Sitapur (25th March 2019).
- 11. Organized Workshop on "Entrepreneurship in Health care" in collaboration with HOPE Initiatives, Professional Studies, IT College, Lko (29th March 2019).
- 12. Delivered lecture on "Personal hygiene, Environmental sanitation, safe drinking water, food hygiene, food safety, food adulteration & method of detection" as an Nutrition Expert in a Training programme for ASHA Workers organized by Govt. of India, CFNEU, Lucknow on 29th August 2019.
- 13. Participated as Speaker/ Delegate in CNE on "Assessing, Preventing & Addressing Malnutrition" on 8th Sept, 2019 organized by Food & Nutrition Society of India (FNSI) at Dayal Paradise, Gomtinagar, Lucknow.
- 14. Coordinated and organised a National Webinar on "Traditional Indian Food: A Treasure of Nutrition" organised by Department of Food and Nutrition, Era University on 27th January 2021

- 15. Coordinated and organised 'Slogan Writing Competition with Title- COVID-19: The Brighter Side' during celebration of National Science Day-2021 Themed: "Future of STI: Impacts on Education, Skills and Work" on 27th February, 2021 at Era university.
- 16. Coordinated and organised Maggi Women's Day Special Contest in collaboration with Nestle Team leader on 9th March 2021 at Era University.
- 17. Active participation as a member of organizing committee of 2nd International Conference of Indian Society of Personalized Medicines (ISPMCON 2021).24-25 March 2021 at Era University.
- 18. Participated in Webinar as a guest speaker and delivered a lecture on topic" Holistic Health with Vitamins" in a webinar on "Nutrition and Diet Care: Know Your Food" organized by Ubantu foundation on 17 July 2021.
- 19. Participated in Rastragaan, An initiative by the Ministry of Culture to make Azadi Ka Amrit Mahotsav on 15th Aug, 2021.
- 20. Delivered lecture as a nutrition expert on the topic "Four Fat Friendly Vitamins & their Importance" in seven days National Webinar series from 1-7 September 2021 on the occasion of National Nutrition Week organized by Darshika Shree Institute of Naturopathy & Yoga, Lucknow.
- 21. Organized and celebrated National Nutrition Week under the Theme: "Converging Towards A Healthy Walk Through Life" from 1st 7th September 2021 at Department of Food & Nutrition, Era University, Lucknow.
- 22. Delivered a talk on "Nutrition for Women: Through different stages of Life" in a Online Interactive Session under Mission Shakti Program on 26.09.2021 organized by NSS Unit, Isabella Thoburn College, Lucknow.
- 23. Delivered lecture as a Guest Speakers in International Webinar on "Panorama of Food in medical management: Exploring a preventive technique for wellness Program" on 27th November 2021 organised by AKG Global Support Services (OPC) Pvt Ltd Bioquest Research Solution, India.
- 24. Taken the 'Say Yes to Life, No to Drugs' Pledge and committed to consciously cooperate in stopping drug abuse and stay away from drugs to live a healthy life.
- 25. Attended 15- Days Training Programme of Fruits and Vegetables Preservation organized by Community Fruit Preservation & Processing Center, Adarsh Nagar, Lucknow from 10/09/2021 to 24/09/2021.
- 26. Active participation as a member of organizing committee of Deeksharambh Programme (Induction and Orientation) for First year Students of different diploma and degree courses from 27th Sept. to 13th Oct. 2022 at Era University.

27. Organized and co-ordinated in One- day camp on "Menstrual Health & Hygiene" on 15th October 2022 at Khajoor Gaon, Deva Road, Barabanki.

FACULTY DEVELOPMENT PROGRAMMES (FDP):

- 1. Participated in Six Months Certificate Course in Health Professions Education, Department of Health Professions Education, Era University, Lucknow (From 1st July 2021 to 23rd Dec 2021)
- 2. Successfully completed a two week Online Quality Improvement Program on "Research Methodology & Data Analysis" organized by Faculty of Commerce & Management in association with Faculty of Doctoral Studies & Research, Integral University, from July 26 to August 10, 2021.[Face to face 14 Days, 160 hours, online active engagement (2Week equivalent), content based learning, assignments & Quizzes]
- 3. Successfully completed a two week Online International Faculty Development Programme on "Communication Skills: Theory & Practices" from 14-25 June 2021organised by Department of Languages, Integral University, Lucknow.
- 4. Participated in One Week Online Programme on Research Methodology & Data Analytics using SPSS and R held from 1st to 6th February, 2021 organised by the Department of Master of Business Administration (MBA), Sree Vidyanikethan Institute of Management, Tirupati-517 102.
- 5. Participated in one Week Faculty Development Program (Online) on Moodle: Learning Management System from 16May, 2020 to 20May, 2020 organised by the Department of Computer Application in association with Spoken Tutorial Project, IIT Bombay, HRDC, Integral University, Lucknow.
- 6. Participated in One Week Faculty Development Programme(Online) on R-Programming Language from 11 May 2020 to 15May 2020 organized by Department of Computer Application in Association with Spoken Tutorial Project, IIT Bombay, HRDC, Integral University, Lucknow.
- 7. Sucessfully completed Two Week Faculty Development Programme on "Managing Online Classes and Co-creating MOOCS" from April 20-May 06, 2020 organised by Teaching Learning Centre, Ramanujan College, University of Delhi, sponsored by Ministry of Human Resource Development, Pandit Madan Mohan Malviya National Mission on Teachers and Teaching.
- 8. Participated in Faculty Development Programme (FDP) on "'Research Project-Submitting Proposal & Seeking Grants" (2nd-3rd March, 2020) organized by Department of Commerce & Business Management, Faculty of Commerce & Management in association with IQAC, Integral University, Lucknow.
- 9. Successfully completed NPTEL-AICTE Faculty Development Programme on "Soft Skills" with a consolidated score of 72% (Jul-Oct 2019).
- 10. Successfully completed NPTEL-AICTE Faculty Development Programme on "Development Research Methods" with a consolidated score of 70% (Jul-Sep 2019).

- 11. Participated in Faculty Development Program (FDP) on "Case Methods-Learning, Teaching & Writing" (16th-17th August, 2019) organized by Dept. of Commerce & Business Management, Integral University, Lucknow in association with IQAC.
- 12. Actively Participated in Five Day Faculty Development Program in Virtual Mode on "Designing of Question Paper and Efficient Evaluation Methodology: organized by Academic Success Centre, GLA University, Mathura during November 15-19, 2021.
- 13. Successfully completed two weeks Professional Development Program on "Research Methods" conducted during 16th- 30th November, 2021 organised by Faculty of Education, Integral University, Lucknow, UP, India.
- 14. Successfully completed Two Weeks Professional Development Programme on "Statistical Data Analysis & Documentation with R" organized by Department of Mathematics & Statistics, Faculty of Science, Integral University from 16th-29th November 2021.
- 15. Successfully completed Two Weeks Professional Development Programme on "Recent Trends in agriculture for sustainable Food & Nutritional Security" organized by Integral Institute of Agricultural Science & Technology (IIAST), Integral University, Lucknow from 23-11-2021 to 07-12-2021.
- 16. Successfully completed online "Faculty Development Program" on the topic "Simulation Tools and Research Applications" from 29th November to 3rd December 2021.
- 17. Successfully completed online "Faculty Development Program" on the topic "Scholarly Writing and Publishing Research Papers" from 9-16 March, 2022 organized by Department of Commerce & Business Management, Faculty of Commerce & Management, Integral University, Lucknow.
- 18. Successfully completed online Entrepreneurship Development Program on Food Labelling Display & Packaging Materials- Regulations of FFSAI from 14/07/2022 to 16/07/2022, organized by MSME-Technology Development Centre (PPDC), Ministry of Micro, Small and Medium Entreprises, Govt. of India Society, Agra.

Chapter in books

- **1.** M.R.Suseela, Kiran Toppo and Minhaj Akhtar Usmani (2014). Diversity and Systematic of Algae. Plant Taxonomy & Biosystematics, Classical & Modern Methods. Pg.129-153.
- **2.** Kiran Toppo, Minhaj Akhtar Usmani and Kiran Toppo (2014). Methods and Approaches used in collection, preservation and Identification of Algal resources. Plant Taxonomy & Biosystematics, Classical & Modern Methods. Pg.155-166.

- **3.** Book Chapter (No. 24, pg 354) entitled "Algae- an emerging panacea" "Medicinal Plants- Aspects and Prospects" editors- Dr. Mukesh Kumar, Dr. Anjali Khare and Dr. C.P.Shukla, publishing house Biotech Books, 2013 Publication.
- **4.** Book Chapter (No. 20, pg 378-427) entitled "Enumeration of fresh water algal Uttar Pradesh." Editors- Dr. Gaurav Kumar Mishra, Dr. Sanjeeva Nayaka & Dr. Dinesh Chandra Saini, ASR Publications, 2015 Edition.
- **5.** Usmani, M. and Usmani K. (No.5, pg. 73-102) (2022), Book chapter entitled "Food Packaging and Labeling Regulations in India" in edited Book "Emerging trends in Economics, Business and Laws" ISBN-978-81-954443-4-2.
- **6.** Usmani, M. and Usmani K.(No.2, pg. 32-45) (2022), Book chapter entitled "Impact of COVID on work life balance of women working in Service Sector" in edited Book "Emerging trends in Economics, Business and Laws" ISBN-978-81-954443-4-2.
- 7. Parvin, K., Usmani, M.A. and Yadav, A. (pg. 57-581) (2022), Book Chapter entitled Development of Iron rich Food Products with a composite of Bajra, Amla and Chauli" in Book 'Innovation and Incubation Opportunities through Home Science' ISBN 978-93-93876-52-2.
- **8.** Usmani, M. and Usmani K. Book chapter entitled "Cyber Threats Mitigation: Perpetuating In Healthcare Sector, Agriculture And Food Industry." Communicated In edited Book" Advances in Cyberology and the Advent of the Next-Gen Information Revolution" ISBN13: 9781668481332 | ISBN10: 1668481332 | EISBN13: 9781668481356.
- 9. Usmani, M. and Usmani K. Submitted report entitled "Women In Stem: Threats And Opportunities" in Research Proceedings of International Forum "Women Chemists 2023" being organized by Tashkent Institute Of Chemical Technology (TICT) Tashkent- Uzbekistan, Co-Organized By Integral University, Lucknow- India On February 10 11, 2023.

Edited Book:

Co-author in a Hindi Book titled "Shaiwalon ki anokhi duniya" in CSIR Publication, New Delhi.

Research Papers (Journals):

a. Usmani, M.A., Suseela, M.R., Toppo, K., Sheikh, S. and Nayaka, S. (2015). Biomass nutrient profile of the green alga *Golenkinia radiata* Chodat. *International Journal of Recent Advances in Multidisciplinary Research*, 02:09: 1756-1762 (ISSN: 2350-0743).

- b. Usmani, M.A., Suseela, M.R., Toppo, K. and Sheikh, S. (2016). Algal diversity in different habitats from northern region of Idukki district, Kerala, India. *The Journal of Indian Botanical Society*, 95(1 & 2): 28-36.
- c. Usmani, M.A., Toppo, K., Nayaka, S., Suseela, M.R., and Sheikh, S. (2016). Observation on fresh water algal flora of Sitapur district, Uttar Pradesh. *Cryptogam Biodiversity and Assessment*, 01(2): 01-07.

Research Papers (Conference Proceedings):

- 1. Usmani, M.A., Sheikh, S, Suseela MR and Toppo, K, (2015), "Nutritional and health importance of indigenous wild edible herbs used in rural areas of india" in proceedings of "National Conference on Nutritional and Health: Issues and challenges in the Global Perspective" 2015, at Isabella Thoburn College, Lucknow, during March 27 28, 2015, organised by Department of Nutrition/ Home Science, I T College, Lucknow, pg 39-40.
- 2. Usmani, M.A., Toppo, K., Nayaka, S., Suseela, M.R. and Sheikh, S.,(2015), "Role of algae in sustainable Food, Health and Nutritional Security: An Overview", in proceedings of National Conference on Biodiversity for Sustainable Development on International Day for Biological Diversity 22nd May, 2015 organised by UP State Biodiversity Board, pg 83-87.
- 3. Usmani, M.A. (2015), "Indigenous Food Processing practices ensuring household food security among rural Indian women" in proceedings of National Symposium on Women's Health and Nutritional Security Issues & Challenges" on 26th Nov, 2011, organized by DST Ukieri International Project in collaboration with Ethelind School of Home Science, SHUATS.
- 4. Kanojia, S., Srivastava, A.K., Parvin, K., Usmani, M.A. and Bano, F. (2022), "Development of Value-Added Cookies Incorporated with *Spirulina Platensis* for The Mitigation of Malnutrition in Children" in proceedings of the National Conference on Organic and Natural Farming in Context to Indian Agriculture, on 13 14 May 2022, organized by Alumni Association Chandra Shekhar Azad University of Agriculture and Technology, Kanpur- 208002

E-Newsletter Articles:

- 1. Seema Kanojia, Fauzia Bano, Minhaj A. Usmani, (2022). Phytopharmacological Characteristics of Cassava (*Manihot esculenta*), Article ID: 38456. Agriculture & Food: E-Newsletter, ISSN: 2581-8317, Vol-4, Issue-11, pg-153-156.
- 2. Fauzia Bano, Seema Kanojia, Minhaj A. Usmani, (2022). Nutraceuticals: Looming Horizon in Health and Medicine. Article ID: 38041. Agriculture & Food E-Newsletter, ISSN: 2581-8317 Vol-4, Issue-9 pg-121-123.

- 3. Fauzia Bano, Seema Kanojia, Minhaj A. Usmani, (2022). Traditional and Pharmacological Benefits of Hibiscus rosa Sinensis (Gurhal) Article ID: 38661. Agriculture & Food E-Newsletter, ISSN: 2581-8317 Vol-4, Issue-12, pg-188-191.
- 4. Seema Kanojia, Fauzia Bano, Minhaj A. Usmani, (2023). Genetically Modified Foods: Commercial Crops and Their Aspects. Article ID: 40138. Agriculture & Food E-Newsletter, ISSN: 2581-8317 Vol-5, Issue-1, pg-401-404.
- 5. Fauzia Bano, Seema Kanojia, Minhaj A. Usmani, (2023). Nutrigenomics and Nutrigenetics: The Emerging Perspective of Nutrition. Article ID: 40304. Agriculture & Food E-Newsletter, ISSN: 2581-8317 Vol-5, Issue-2, pg-293-296.

हिंदी लेख-:

- 1. Article entitled "Roze mein bartein saavdhani" published in Dainik Jagaran, Jagaran City page on 30 August, 2010.
- 2. मेखला रत्ना सुसीला, किरन टोप्पो एवं मिन्हाज अख्तर उस्मानी. सी.एस.आई.आर.— राष्ट्रीय वनस्पति अनुसन्धान संस्थान में शैवलीय अनुसन्धान. विज्ञान वाणी, अंक 19, वर्ष 2013. पेज 88-96. 1.
- 3. मिन्हाजअख्तर उस्मानी, एम. आर. सुशील, एव सरिता शेख। हरित स्वर्ण: शैवाल से उत्पादित बहुआयमी बायोएकटिव घटक 2014. (सितम्बर)। पेज8-12.(हीरक जयंति विशेषंक पूरक अंक).
- 4. मिन्हाजअख्तर उस्मानी, एम. आर. सुशील, किरण टोप्पो एव सरिता शेख । विज्ञानवाणी 2014. (सितम्बर)। हरित शैवाल गोलेंकीनिया रेडियाटा के पोषक तत्वो की रुपरेखा। विज्ञानवाणी 2014. (सितम्बर)। पेज 52-54.(हीरक जयंति विशेषांक पूरक अंक).
- 5. किरण टोप्पो, राखी बाजपेयी, मिन्हाज अख्तर उस्मानी, एव एम. आर. सुशीला । ज्ञान-विज्ञान 2014. कैंसर इलाज के अनुसंधान में नील हरित शैवाल। नवम्बर 2014, पेज़ नंबर. 49-50.
- 6. किरण टोप्पो, राखी बाजपेयी, मिन्हाज अख्तर उस्मानी, एव एम. आर. सुशीला। कैंसर में कारगर शैवाल। पर्यावरण चेतना, जनवरी 2015, वर्ष 21, अंक-9, पृष्ठ- 24-25. (R.N.I.NO. 58573/94)
- 7. एम. आर. सुशीला, किरण टोप्पो एवं मिन्हाज अख्तर उसमानी, शैवाल से आऐगा जैव ईंधन, पर्यावरण चेतना, (आर. एन. आई. नंबर- 58573/94) वर्ष 21 अंक 11 मार्च 2015 पृष्ठ- 27.
- 8. शिखा सिंह, सरीता शेख, नीरु बाला तथा मिन्हाज अख्तर उसमानी, (2015) भारत में 53% बच्चे कुपोषण के शिकार। पर्यावरण चेतना वर्ष 21¸ अंक 12¸ अप्रैल 2015. (आर. एन. आई. नंबर- 58573/94)¸ पृष्ठ- 40.
- 9. मिन्हाज अख्तर उसमानी, एम. आर. सुशीला, किरण टोप्पो एवं सरिता शेख (2015). शैवाल आहार भी हैं। पर्यावरण चेतना वर्ष 22, अंक 1, मई 2015. पृष्ठ- 24-25. (आर. एन. आई. नंबर- 58573/94)
- 10. मिन्हाजअख्तर उस्मानी, एम. आर. सुशील, सिरता शेख एवं किरण टोप्पो- खाद्य स्वास्थ्य और पोषण सुरक्षा में शैवालीय जैव विविधता की भूमिका हमार गांव, 2016, 27

- 11. किरण टोप्पो तथा मिन्हाज अख्तर उसमानी, लेख: "क्या है ये 'जीवाश्म आटा'?" विज्ञानवाणी, 2016, पेज 32-33.
- 12. मिन्हाज अख्तर उसमानी, किरण टोप्पो तथा संजीव नायका, लेख: Spirulina: Rozi aur Roti, विज्ञानवाणी 2017. (सितम्बर)। पृष्ठ-12-14.
- 13. मिन्हाज अख्तर उसमानी, लेख: शैवालीय जैव प्रौद्योगिकी- "परिकल्पना से वास्तविक विकल्प तक" Nehru Gram Bharti (NGB Times) (Bilingual Monthly News Bulletin) Issue 3, Nov-Dec.2018.
- 14. Dr.Minhaj Akhtar Usmani and Dr. Shikha Singh, लेख: "लाल शैवाल के गुण", Krishi kumbh, Hindi Masik Patrika, varsh 1, Ank:7, December-2021, pg-20.

WEBINAR

- 1. Participated in National Workshop on Role of Non-teaching Staff Members in NAAC Acreditation at R.J. College (Mumbai) from 27th-29th April, 2020 organized by IQAC, R.J. College of Arts, Science & Commerce, Mumbai.
- 2. Completed the Education Activity titled "Nutrition Care of the Covid 19 Patient: Strategies for Clinicians to optimize recovery on 30 April 2020 organized by ABBOTT nutrition health institute.
- 3. Attended "One Day National Webinar on Effective Ways To Develop E-Content" held on 9-05-2020 organized by Internal Quality Assurance Cell, Smt. Devkiba Mohansinhji Chauhan, College of Commerce and Science in Collaboration with Knowledge Bridge, Ahmad Nagar.
- 4. Attended & presented a paper entitled "Impact of locked down due to Covid-19 on nutritional and health status of pregnant Women" in two Days National Webinar on Food and Nutrition in the Present Scenario of Covid-19 held on May 13-14, 2020.
- 5. Participated in the Webinar on 'Building Self Reliant India in Post Covid Regime' organized by Department of Commerce, Shivaji College, University of Delhi held on May 19, 2020.
- 6. Successfully completed online Webinar Series on Smart Grid, Project Management, Genetic Algorithm, Online Learning & Application of Engineering, in Practical Life in the duration May 28, 2020 to May 31, 2020, conducted by Department of Electronics & communication Engineering, Integral University, Lucknow.
- 7. Participated in one day Webinar on "Business Models for Post Covid Social Entrepreneurship held on 29th May 2020 organized by University Polytechnic J.U. Lko.

- 8. Attended a session on "Employees Engagement-Opportunities & Challenges during Lockdown" on May 30, 2020 organized by IILM Academy of Higher Learning, Lucknow in Live Webinar Series.
- 9. Successfully participated in one day online Workshop on "ICT-Based Teaching Learning Tools" on 31 May, 2020.
- 10. Attended the National Webinar on "Nutrition Security Challenges and Importance of Nutrition to Boost the Immune System during COVID-19 Pandemic" organized by the Department of Food Nutrition & Public Health, Ethelind College of Home Science, Sam Higginbottom University of Agriculture, Technology And Sciences on June 5, 2020.
- 11. Participated in Global Webinar on JOBS for the next Five years on June 6, 2020 organized by Integral University, Lucknow.
- 12. Attended National Webinar on "Effects of Covid-19 Pandemic on Biodiversity & Human Health on June 9, 2020 organized by Department of Collegiate Education, Kolar, Karnataka.
- 13. Participated in National Webinar on "Qualities of a Good Teacher" on 19th June, 2020, organized by Bora Institute of Medical Sciences.
- 14. Attended Webinar on "Cooperation in Theory and Practice" held on 20 June 2020 organised by Department of Applied Science, B.N. College of Engineering & Technology, Lucknow.
- 15. Attended National webinar on "Supercharge your immune with super foods during this pandemic" organized by Department of Home Science, Nehru Gram Bharati Deemed to be University, Prayagraj on 23rd June 2020.
- 16. Attended National Webinar on "Traditional Indian Food: A treasure of Nutrition" held on 27th Jan, 2021.
- 17. Attended Webinar on "Fortification of Food Products- Principles, Opportunities & Challenges" organized by Protein Foods & Nutrition Development Association of India supported by Hexagon Nutrition Pvt. Ltd. On 18th Feb. 2021.
- 18. Participated in Two Day Workshop on Intellectual Property Rights (Under Industry Academia Initiative) on March 12-13, 2021 organised by Faculty of Commerce and Management, Integral University. (Virtually).
- 19. Attended Environmental Awareness Programme-cum-Online International Seminar on "Environmental Rejuvenation to Avert future Pandemics: Pathway for better Tomorrow" on 5th June, 2021 organised by Internal Quality Assurance Cell, Isabella Thoburn College, Lucknow.

- 20. Participated in National Webinar on "YOGA FOR HEALTH AND HAPPINESS" on International Yoga Day, 21st June, 2021 organized by Ubantu Foundation.
- 21. Attended National Webinar on "Nutrition, Diet and Preventive Measures for youngsters to combat with 3rd Wave of Covid 19" organized by Departmental of Home Science, Khwaja Moinuddin Chishti Language University, Lucknow on 11 July, 2021.
- 22. Attended successfully National Webinar on "Nutrition & Diet Care: Know Your Food" on 17th July, 2021 organized by Ubantu Foundation.
- 23. Attended International webinar on "Coping Anxiety and Self Care" held on 18 July 2021organised by Saksham Society Jaipur Rajasthan.
- 24. Attended International webinar on "Violence against Women and Empowerment" held on 22 July 2021organised by Saksham Society Jaipur Rajasthan.
- 25. Attended International Women Summit and Conference on "Women global Leaders' Vision of Tomorrow" held on 1st-2nd August 2021organised by Saksham Society Jaipur Rajasthan in collaboration with Nepal Youth Association by United Youth For World Peace, Nepal & New World Life Organization Health Unit, Sri Lanka.
- 26. Participated in the one day National Seminar organized by the Internal Quality Assurance Cell (IQAC), Isabella Thoburn College on August 25, 2021.
- 27. Participated in the One Week Webinar Series 1-7 September, 2021 on the occasion of Nutrition Week organized by Darshika Shree Institute of Naturopathy & Yoga, Lucknow.
- 28. Participated in the Webinar on Applications of Nutritional Metabolomics in Public Health Nutrition Webinar organized by Nutrition Society of India Mumbai Chapter in association with Maniben Nanavati Women's College & Kellogg's Nutrition on 18th September 2021.
- 29. Participated in Online Webinar on "Emerging Trends & Innovation In Protein" organized by Protein Foods & Nutrition Development Association of India and Department of Food, Nutrition & Dietetics, College of HSc., Nirmala Niketan on 30th Sept, 2021, under Nutrition Awareness Activity.
- 30. Attended Webinar Session on "How to write Research Paper in Scopus Listed Journals" hosted by ICFAI Business School, Gurgaon on 16th October 2021.
- 31. Participated in the Webinar on "Food Exchange List-Planning & Execution" organized in commemoration of World Food Day on 30th October 2021 by Nutrition Society of India, Mumbai Chapter.

- 32. Participated in Online Regulatory Webinar on "Challenges in Obtaining Approval of Non Specified Foods" organized by Protein Foods & Nutrition Development Association of India (PFNDAI) held virtually on 30th October, 2021.
- 33. Participated in Webinar on "Diabetes Care: Pursuit for a healthier tomorrow" organized by IAPEN India Association for Parenteral and Enteral Nutrition-Puducherry Chapter on 18th November 2021.
- 34. Participated in Online Webinar on "Food Fortification: The Key for improving Maternal and Child Nutrition on 19th November 2021 organised jointly by Protein Foods & Nutrition Development Association of India (PFNDAI) & Hexagon Nutrition PVT Ltd.
- 35. Participated in the Workshop on Cyber Crime & Cyber Security organized by the School of Liberal Arts & Sciences, Era University, Lucknow from 13th December, 2021 to 17th December, 2021.
- 36. Participated in Online Webinar on 'Transcranial Magnetic Stimulation to treat Obesity and Diabetes' organized by Department of Horticulture, Aromatic and Medicinal Plants (HAMP), Mizoram University, Aizawl, on December 17, 2021.
- 37. Participated in the National Webinar on "Creating Food and Nutrition Security for a Sustainable Future held on 11th and 12th January 2022 by Faculty of Ocean Science and Technology (FOST), Kerala University of Fisheries and Ocean Studies(KUFOS), Panangad, Kochi in collaboration with Association of Indian Universities (AIU).
- 38. Participated in Online Webinar on "Healthy Plant-Based Carbs: Maltodextrins & Glucose Syrup in Developing Healthy Foods" organized jointly by Protein Foods & Nutrition Development Association of India & Roquette on 4th February 2022.

VIRTUAL INTERNATIONAL CONFERENCE:

- 1. Attended the International Webinar on Nutrivigilance against Covid 19 conducted by the Signutra company on 20th April, 2020.
- 2. Attended the International Webinar on Nutrivigilance against Covid-19 conducted by the Signutra company on 28th April, 2020.
- 3. Attended International Webinar on Nutri-Intelligence "Dietary Navigation for Boosting Immunity" on 19th May 2020 organized by Department of Nutrition, Isabella Thoburn College, Lucknow.
- 4. Participated in the International Webinar 2020 on "Food Safety Policies and Regulation" organized by Department of Food Science and Nutrition, College of Community Science in collaboration with the National

- Agricultural Higher Education Project (NAHEP), Assam Agricultural University, Jorhat-13, Assam on 27th and 28th July, 2020.
- 5. Participated in 2nd International Conference of Indian Society of Personalized Medicine (ISPMCON-2021) on Recent Advances & Challenges organized by Department of Personalized Molecular Medicine, Era University, Lucknow on 24th & 25th March, 2020.
- 6. Participated in a Virtual International Conference for Health Professions Education (VICHPE- 2021) on "Health Professionals of Tomorrow: Agents of Educational Reforms" organized by Department of Medical Education, Era University, Lucknow and Al Sadiq International Virtual University (SVU), USA on 6th -8th April 2021.
- 7. Participated in International Seminar, organized by Hope Initiative on Hepatitis and Dealing with Patients, organized on occasion of World Hepatitis Day, 2021-with Theme" We Endeavor to Eliminate Hepatitis", on 31st July 2021.(Zoom Platform).
- 8. Attended 24th World Congress on Clinical Nutrition, 1st World Congress on Medical Food and Nutrition & Epo, held at Haridwar, UK, India, on Oct 16-18; 2021.
- 9. Attended International Webinar on "Take action for Bone Health" held on 20th Oct, 2021 organized by Saksham Society Jaipur Rajasthan, India.
- 10. Attended International Webinar on Medicinal and Aromatic Plants Past and Future organized by Department of Electrical and Electronics Engineering Kanpur Institute of Technology, Kanpur, India on 16th December, 2021.
- 11. Attended International Webinar on "Panorama of Food in medical management: Exploring a preventive technique for wellness Program" on 27th November 2021 organised by AKG Global Support Services (OPC) Pvt Ltd Bioquest Research Solution, India.

VIRTUAL QUIZ

- Participated in Covid-19 Pandemic General Awareness Quiz Online organized by Department of Computer Science & Internal Quality Assurance Cell (IQAC), SDP College for Women, Ludhiana, Punjab on May 5, 2020.
- 2. Participated & performed excellently in an Online Quiz on "PLAGIARISM" conducted by Department of Library on 17/05/2020 organised by Sant Sohirobanath Ambiya Government college of Arts & commerce, Pernem, Goa.

- 3. Attended successfully online General Awareness Quiz on COVID-19 on 5/20/2020, with a passing score of 93% organized by Mangi Lal Bagari Government College, Nokha (Bikaner).
- 4. Attended successfully online quiz on "COVID-19" conducted by Department of Humanities & Sciences, Malla Reddy Institute of Engineering & Technology, Hyderabad on 5/30/2020 with a Score of 100%.
- 5. Successfully completed Awareness Quiz with score of 80% marks in a "General Awareness Quiz to survive yourself and protect others from pandemic Covid-19" organized by Research Cell, Department of Education, Govt. Girls Degree College, Samdi, Ahiraula, Azamgarh, U.P. on 31.05.2020.
- 6. Successfully completed online quiz on Covid-19, hosted by Dept. of Commerce & Management, Asim Siddique Memorial Degree College, Badaun, U.P. with a passing score of 100% conducted on 2.6.2020.
- 7. Participated in National Quiz organized by NSS Unit of Govt. Girls Degree College, Ahiraula, Azamgarh on 03.06.2020.
- 8. Participated in Covid-19 Awareness Quiz organized by Integral University Hostel on 5.06.2020 & secured 77%.
- 9. Successfully participated in Quiz on World Environment Day organized by EEE GEC Student Branch on 05, June 2020.
- 10. Successfully completed online quiz on Fundamental of Computer, hosted by Department of Commerce & Management with a passing score of 70% conducted on 24-06-2020.
- 11. Participated in National level E-Quiz on "Plagiarism Awareness- Research & Academic Ethics" organized by the Faculty of Doctoral Studies & Research and Faculty of Computer Application in association with Indian Society for Technical Education, Integral University on 21 July 2020 and successfully scored 63%.
- 12. Participated in Quiz titled "Basic Quiz on Environmental Science" (secured 95/100) organized by Council of Science & Technology, UP on 12/24/2020 for creating awareness about our environment among masses.

RESEARCH EXPERIENCE:

(DISSERTATION GUIDED) M.Sc. NURITION STUDENTS (I.T. COLLEGE)

2006-2007

S.No	Roll No.	Name	Topic
1.	691001	Akanksha Dwivedi	A comparative study of two food custom (Hindu & Muslim) and analysis of the nutritive value of their traditional diet.
2.	691003	Ankita Nigam	Legislative compliance of packed & loose mustard oil samples collected from city of Luck now.
3.	691012	Deepti Mishra	Analysis of allergic reactions caused by various foods and their effect on individuals residing in Luck now city.
4.	691017	Jyoti Pandey	A pilot study for introducing organic herbs among masses and to make them aware of it's nutritional benefits in Luck now city.
5.	691021	Lekhani Pandey	Study conducted to assess the nutritional status of children (6months-5years) suffering from city of Luck now.
6.	691022	Mayuri Rastogi	A comparative study on the lipid profile of diabetic and non-diabetic, hypertension patients and seeking their dietary management with the help of a new dietary tool.
7.	691024	Mudita Chaturvedi	Efficacy of iron rich Lotus-stem, chana powder, beetroot and spinach laddu in increasing haemoglobin levels of pregnant women of Charbagh area of Luck now.
8.	691025	Nabanita Saha	Efficacy of arjuna, lemon, honey, tulsi, biscuits in lowering hypertension levels among adults between age group 30-60 yrs residing in Memaura area of Luck now.
9.	691029	Nikita Sharma	Study conducted to assess the nutritional importance of iron & zinc supplements in lowering the incidence of pica in urban area of Luck now.
10.	691044	Shaista Arzoo	A study on development, quality evaluation, shelf life and effect of sodium ascorbate & fenugreek on the cooked emulsion sausage prepared from buffalo meat.
11.	691048	Shruti Srivastava	A study conducted to analyse the effect of ascorbic acid in form of supplements on the absorption of iron in the body.
12.	691049	Shweta Singh	A study conducted to assess the awareness and acceptability of novel food L.P.C. and <i>Spirulina</i> and dissemination of information of their importance for

the society.

2007-2008

S.No	Roll No.	Name	Topic
1.	791012	Madhvi Daniel	Development and quality analysis of the innovative oat and peanut biscuits and assessment of its hypocholesterolemic effect.
2.	791019	Monika Singh	A pilot study to assess the nutritional status of heavy working women in Luck now city.
3.	791033	Ranu Singh	Study of inter-relationship between the fermentation and mineral availability of different cereals & pulse products.
4.	791035	Shashita Singh	A KAP study to assess the impact of dietary pattern and lifestyle on the nutritional status of school going children with low learning capacity.
5.	791037	Shalini Sharma	Development & sensory evaluation of lactogogues mix shatavari churna, determination of its shelf life and acceptability as a neutraceutical among the target population.
6.	791040	Shikha	Consumer awareness campaigns to sensitize the female population about food adulteration at Jankipuram area of Luck now city.
7.	791043	Shruti Shukla	A study on the assessment of the beneficial effect of fennel mouth freshner on fever patients.
8.	791050	Tina Saxena	Development and organoleptic evaluation of stress relieving Ashwagandha (<i>Withania somnifera</i>) syrup.

2008-2009

S.No	Roll No.	Name	Topic
1.	891001	Aditi	Determination of effect of brewing time on
		Bhatnagar	caffeine production in black tea.
2.	891003	Amita	Development & Intervention of Nutri mix a

		Srivastava	value added supplement among the preschool beneficiaries at Angaanwadi Centers.
3.	891004	Amreen	Physico-biochemical estimation of hand milled,
		Qureshi	machine milled (chakki) & processed wheat flour.
4.	891026	Prerna	Assessment of ill-effects of excessive dieting
		Singh	practices among young adolescent girls for
			obtaining perfect body image.
5.	891027	Priyanka	Assessment of the prevalence & use of
		Mittal	nutritional supplements as a performance
			enhancing agents among gym workers.
6.	891032	Richa Singh	Quality analysis & Sensory evaluation of the
			developed flavoured goat milk.
7.	891033	Ritika Gupta	Indian fasting forms & their impact on the health
			parameters of regular faster.
8.	891041	Stuti Puri	To study the prevalence of protein energy
			malnutrition amongst the infant & children of
			age group 0-5years.
9.	891042	Sugandha	Assessment of nutritional status & reproductive
		Narayan	factors of women suffering from breast cancer in
			Gorakhpur city.
10.	891046	Tabinda	Quality evaluation & estimation of protein in
		Abrar	eggs kept at different storage conditions.
11.	891047	Tasneem	Efficacy of Vijaysar (Pterocarpus marsupium) in
		Fatima	lowering blood glucose level.
12.	891048	Uttama	Assessment of Nutritional status &
		Mishra	determination of the risk factor for malnutrition
			among child labour of Luck now city.

2009-2010

S.No	Roll No.	Name	Topic
1.	93869010	Archan	Impact of workload and stress on nutrition and
		Verma	health status of working women and
			housewives-A comparative study.
2.	93869011	Asfia	Efficacy of volatile oil of black seed (Nigella
		Siddiqui	sativa) against fungal species Fusarium solani
			and its comparative analysis with the antifungal
			drug kavach-75.
3.	93869025	Meera Singh	1 '
			analysis of vegetables (carrot, spinach and

			beetroot) fortified soy noodles.
4.	93869026	Megha	Comparative estimation of rate of deterioration
		Tiwari	of iron content of wheat-barley grass juice and
			mix fruit juice.
5.	93869035	Prachi	Correlation of dietary intake, sanitation and
		Saxena	hygiene condition with physical work and health
			status of rural elderly of Behta village, Luck
			now.
6.	93869047	Sakshi	Development and evaluation of flaxseed bread
		Sharma	spread for heart patients.
7.	93869055	Soma	Development of herbal Jamun seeds
		Verma	powder(Saptrangi, Gurmar, Haridra, Daruhaldi,
			Sadabahar, Bilva) and estimation of its blood
			glucose lowering effect.

2017-2018

S.No	Name	Topic
1.	Sana Afreen	Formulation, Development and Evaluation of an e-
		learning platform for Nutritional planning and food composition studies.
2.	Sadaf Shamim	Assessment of Acceptability of value added spirals pizza base.
3.	Pooja Dhami	To assess and aware the impact of tobacco consumption on heart Diseases among women of Luck now city residing in rural areas.
4.	Nida Khan	A descriptive study of polycystic ovarian syndrome (PCOS) along with nutrition awareness among women (18-45 years) in a health care clinic.
5.	Manya Tiwari	Impact of clean water supply sanitation and hygiene condition on nutritional status of government school children (6-12 years).
6.	Deepanjali Yadav	Benefits and scope of nutrition as a subject in changing knowledge, attitude and practice of nutrition students.

2018-19.

S.	Univ. Roll. No	Names of	Title of Dissertation
No		Students	

1.	180382850015	Insha Khan	Investigation of Precocious Puberty In	
			Captive Females of Luck now.	
2.	180382850016	Jyoti	Risk factors facilitating non-alcoholic fatty	
		Mukherjee	liver disease in out-patient department	
			patients	
3.	180382850025	Ramsha	Development and evaluation of a diabetes	
		Saleem	nutritional education tool.	
4.	180382850035	Zarka Khan	Medical clowning, a stress buster therapy	
			evaluating the impact on beneficiaries.	

M.A. (WOMEN STUDIES) STUDENT (I.T.College) DISSERTATION

S.N	Session	Names of	Title of Dissertation
0		Students	
1.	(2018-2019)	ISHRA FATIMA	A KAP STUDY TO ASSESS THE REPRODUCTIVE RIGHTS AND ISSUES OF WOMEN (18-45 YEARS) IN LUCK NOW CITY
2.	(2009-2010)	SUBIYA IKRAM	ASSESSMENT OF HEALTH PROFILE AND DIETARY ADEQUACY OF NURSES WORKING IN DIFFERENT GOVERNMENT AND PRIVATE HOSPITALS OF LUCK NOW CITY.

M.Sc. FOOD & NUTRITION STUDENTS (ERA UNIVERSITY) 2019-2020.

S.No	Univ.	Names of Students	Title of Dissertation		
	Roll. No				
1.	910101	Kajal Verma	An analysis on impact of lockdown (inactivity/sedentary lifestyle) on human health.		
2.	910103	Aishwarya Shukla	An analysis on effect of Covid-19 lockdown on nutritional status of population.		

M.Sc. FOOD & NUTRITION STUDENTS (ERA UNIVERSITY) 2020-2021.

S.No	Univ.	Enrollment no.	Names of	Title of Dissertation	
	Roll. No		Students		
1.	920114	2019070205001	Rohini Prakash	Health benefits of <i>Allium sativum</i> (Garlic): new usages	
2.	920104	2019070205012	Anaviya Abid	Health benefits of <i>Moringa oleifera</i> leaves: use in food Products	
3.	920109	2019070205009	Rinika Jaiswar	Medicinal relevance of <i>Cinnamon</i> zeylancium (Dalchini) and its use in preparation of food items	
4.	920101	2019070205007	Eram Khan	Use of <i>Amomum subulatum</i> (Black Cardamom) in food preparations for treating various ailments.	
5.	920112	2019070205008	Akanksha Mishra	Use of <i>Withania Somnifera</i> (Ashwagandha) leaves in food preparations for boosting immunity	
6.	920113	2019070205006	Mahjabeen Fatma	Nigella Sativa (Kalaunji) seeds in the management of asthma:use in food products	

M.Sc. FOOD & NUTRITION STUDENTS (ERA UNIVERSITY) 2021-2022.

S.No	Univ.	Enrollment no.	Names of	Title of Dissertation	
	Roll. No		Students		
1.	930108	2020070205003	Shivani	Development of value added products using Cluster Fig powder (<i>Ficus Racemosa</i>) with potential health benefits.	
2.	930104	2020070205004	Fauzia Fasih Khan	Development of value added food products of <i>Solanum nigrum</i> (Makoi) fruit powder rich in anticancerous properties.	
3.	930103	2020070205013	Sumaiyya Khan	Development and organoleptic analysis of food products based on <i>Carica Papaya</i> fruit with added	

	benefits of Cucurbita pepo seeds for	
		malnourished children.

List of M.Sc. DFSM Students (IGNOU) Dissertation Guided

Sr.No.	Enrolment No.	Name	Session
1.	051638789	Priti Shukla	2007
2.	051638384	Bhawna Awasthi	2007
3.	051638614	Shraddha Srivastava	2007
4.	051638574	Ajeta Johary	2008
5.	051638488	Shikha Singhal	2008
6.	051638470	Neeta Devi Tripathi	2008
7.	051638424	Vandana Mishra	2008
8.	051638298	Vandana Singh	2008
9.	062598130	Juvairia Ahmad	2009
10.	062598258	Arpana Pritam	2009
11.	062598487	Vandita Dwivedi	2009
12.	062598122	Nancy Rastogi	2009
13.	062598559	Seema Singh	2009
14.	075526180	Upasna Mohan	2010
15.	075526260	Niti Mishra	2010
16.	062598280	Richa Patel	2010
17.	084795054	Neha Srivastava	2010
18.	075526450	Komal Srivastava	2010
19.	075526166	Neha Singh	2011
20.	076380646	Sharda Singh	2011
21.	075526300	Surabhi Banerjee	2011
22.	075526291	Reena Chowdhary	2011
23.	062598272	Priyanka Srivastava	2011
24.	087495180	Monika Arora	2011
25.	084795047	Renu Yadav	2012
26.	075526252	Renu Raj Srivastava	2012
27.	084795030	Preeti	2013
28.	146613174	Priya Singh	2018
29.	156779140	Tazeen Fatima	2018
30.	156779158	Shalki Gupta	2018
31.	168397339	Shivani Jaiswal	2018
32.	145338183	Preeti Shivastava	2018
33.	146613049	Shabeeh Fatima	2019
34.	131135538	Shaddha Mishra	2019
35.	130476734	Neetu	2019
36.	138282097	Sarita Parashar	2019
37.	131135513	Sameena Anjum	2019
38.	155509506	Hurma Akhlaq	2020
39.	145399808	Shipli Jha	2020

40.	155505129	Shweta Singh	2021
41.	136220078	Aashee Srivastava	2021
42.	156779054	Anju Pandey	2021

References:

Dr E. S. Charles,

President, Isabella Thoburn College, Lucknow.226007

Dr Neelam Kumari,

Incharge,
Department of Food & Nutrition,
Isabella Thoburn College,
Lucknow.226007

Dr Rachna Mishra,

Department of Food & Nutrition, Isabella Thoburn College, Lucknow.226007

Dr. Ranu Prasad

Professor and Dean College of Home Science Sam Higginbottom University of Agriculture, Technology and Sciences, Allahabad- 211007