

# Community Service Report

## Heatwave Preparedness and Public Health Awareness Camp

<b>Organized by :</b>	Department of Liberal Education, Era University
<b>Venue:</b>	Haleem Convent Inter College, Sheikh Sadi Mohalla, Kakori
<b>Date:</b>	04 May 2026 (Monday)
<b>Coordinator:</b>	Dr. Abdul Quddoos
<b>Accompanying Faculty:</b>	Ms. Yasmeen Abbas
<b>Participants:</b>	21 students of B.A./ B.Sc. Liberal Arts (First year/Second Semester)
<b>School Students Covered:</b>	Approximately 55 students from Classes VI–XII

### 1. Introduction

As part of the Life skill course requirements, a Community Service activity was organized on 04.05.2026 at Haleem Convent Inter College, Kakori. The activity was conducted in the form of a **Heatwave Preparedness and Public Health Awareness Camp**, keeping in view the prevailing summer heat conditions and the need to create awareness among school-going children regarding heat safety, hydration, healthy habits, and immediate response to heat-related illness.

The program was designed as an interdisciplinary outreach initiative involving students from Psychology, Nutrition and Health, Computer Science, Biochemistry, Microbiology, and Animation. The activity enabled the students to apply classroom learning in a real community setting while contributing to public awareness and social responsibility.

### 2. Objectives of the Activity

The main objectives of the outreach activity were:

1. To create awareness among school students regarding heatwave risks and preventive measures.
2. To educate them about hydration, ORS, and healthy summer habits.
3. To explain the warning signs of heat exhaustion and heat stroke in simple language.
4. To promote safe behavioral practices during extreme heat.
5. To provide undergraduate students with practical exposure to community-based learning and public engagement.
6. To assess the impact of the awareness session through pre-test and post-test questionnaires.

### 3. Venue and Participants

The activity was conducted at **Haleem Convent Inter College, Sheikh Sadi Mohalla, Kakori**. The college administration extended full cooperation and support for the smooth execution of the program.

Approximately **55 school students from Classes VI–XII** attended the session. A total of **21 B.A./B.Sc. Second Semester students** participated in the community service activity under my coordination.

## **4. Methodology**

The outreach program was conducted in a structured manner. Prior permission was obtained from the school administration, and one classroom/hall was arranged for the session. The student volunteers were divided into thematic groups and each group was assigned a specific topic related to heatwave preparedness and public health awareness.

The session included:

- brief introductory remarks,
- theme-wise awareness presentations,
- a short skit on heatwave safety,
- demonstration-based learning,
- interaction with school students,
- and administration of pre-test and post-test questionnaires.

This helped in ensuring both knowledge dissemination and measurable evaluation of the activity.

## **5. Group-wise Activities Performed**

### **5.1 Psychology Group**

The Psychology students led the session and explained the importance of remaining calm, identifying early signs of heat-related stress, and adopting safe behavioral practices during extreme heat. They emphasized the effect of heat on concentration, fatigue, irritability, and general well-being.

### **5.2 Nutrition Group**

The Nutrition students discussed the importance of drinking water regularly, consuming light and nutritious summer foods, and using ORS or similar rehydration support when needed. They also highlighted healthy food choices during hot weather.

### **5.3 Microbiology Group**

The Microbiology students explained the importance of hygiene, safe drinking water, and cleanliness during summer months. They also discussed how poor sanitation and unsafe food practices may worsen health risks in hot weather.

### **5.4 Biochemistry Group**

The Biochemistry students described, in simple terms, how dehydration affects the body and why loss of water and salts can lead to weakness, dizziness, and other heat-related symptoms.

## **5.5 Computer Science Group**

The Computer Science students spoke about the importance of using reliable sources for weather alerts and avoiding misinformation or forwarded messages during emergencies. They also promoted digital awareness and safe information handling.

## **5.6 Animation Group**

The Animation students prepared visual materials and performed a short skit on the theme of heatwave safety. Their presentation was highly engaging and helped reinforce the key messages in an interesting and memorable way.

## **6. Pre-Test and Post-Test Evaluation**

To assess the effectiveness of the program, a pre-test and post-test questionnaire was administered to the school students. The questionnaire was designed to measure awareness regarding heatwave preparedness, hydration, safety practices, and response to heat-related illness.

The exercise helped in understanding the level of awareness before and after the awareness session. The post-test responses indicated improved understanding of the topic and a positive learning outcome among the participating school students.

## **7. Student Performance and Participation**

The participating undergraduate students performed very well throughout the program. They presented their assigned topics confidently and responsibly, interacted effectively with the school students, and maintained discipline and teamwork during the entire activity. Their skit, demonstrations, and explanations were well received by the audience.

The students demonstrated strong coordination, communication skills, and commitment to social outreach. The overall conduct of the students reflected the spirit of community service and field-based learning.

## **8. Response from the School**

The administration of Haleem Convent Inter College was extremely supportive and cooperative. The school staff provided the necessary space and assistance for the smooth conduct of the program. The school students participated actively and responded positively to the sessions, especially to the skit and practical explanations.

Approximately 55 students from Classes VI–XII attended the session, and their participation made the program interactive and meaningful.

## 9. Outcomes of the Activity

The community service activity achieved the following outcomes:

- Increased awareness among school students about heatwave prevention and safety.
- Improved knowledge regarding hydration, ORS, and summer health practices.
- Enhanced communication, leadership, and teamwork skills among undergraduate students.
- Strengthened community engagement between the college and the school.
- Provided measurable learning through pre-test and post-test assessment.

## 10. Conclusion

The Community Service / Field Work activity held on 04.05.2026 at Haleem Convent Inter College, Kakori was highly successful. The program served as a meaningful outreach initiative with both educational and social value. It enabled undergraduate students to contribute to community awareness while gaining practical experience in field engagement and public communication.

The cooperation of the school administration, the active participation of the school students, and the enthusiastic performance of our students made the event productive and impactful. The activity successfully fulfilled the objectives of the Band-D course and reflected the importance of community-based learning in higher education.

## 11. Photographic Documentation

Geotagged photographs from the event are attached for record and publication purposes.

**Submitted by:**

Dr. Abdul Quddoos

Coordinator (Outreach)

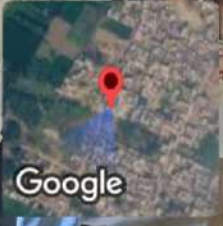
Department of Liberal Education

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